



# Injury Report Form



Date..... Time ..... Venue.....

Name..... Age ..... Height (cms) ..... Weight (kgs) .....

Player Position..... Age Div' ..... Home Club .....

**Indicate site of injury using abbreviations for:**

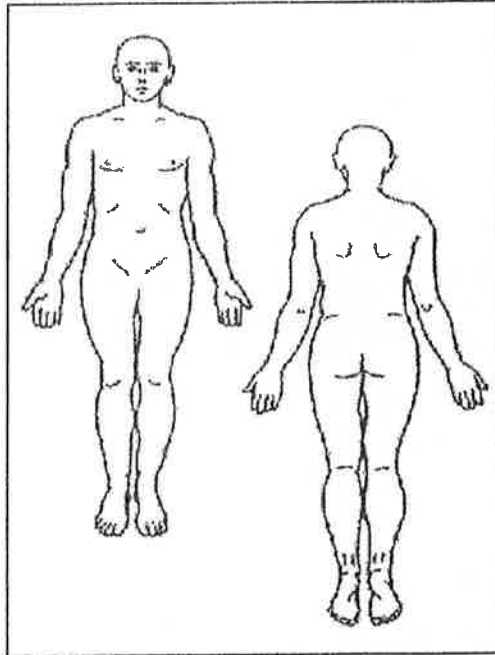
- L Laceration**
- B Bleeding**
- D Dislocation**
- F Fracture**
- M Muscle injury**
- J Joint injury**
- H Head injury**
- S Spinal injury**
- I Internal injury**

**Removal from field**

- Walked
- Assisted
- Stretcher
- Ambulance
- Completed Game

**Immediate Care**

- Ice
- Compression
- Immobilisation
- Bleeding Controlled
- Wound Dressing
- Other .....



**Exactly how did the injury occur?**

.....  
.....  
.....  
.....  
.....

**Mechanism of Injury**

- Collision with fixed object / ground
- Collision with player / tackle
- Sudden stopping
- During a fall
- Swerving / pivoting
- Other .....

**Where did the injury occur?**

- Start of sport / training
- About the middle sport / training
- Towards the end of sport / training

**Has this injury occurred to you before?**

- Yes
- No

**Protective Equipment**

Was protective equipment or taping used on the injured body part

- Yes
- No

If yes, what type e.g. ankle brace, taping, headgear.

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Advice for Follow Up:.....  
.....  
.....

Estimated Time off from training or playing .....

**EMERGENCY CARE** (please circle)

**Ambulance called**

**Doctor called**

**Referral if above not called** (please circle)

**Hospital**

**Doctor**

Sports Trainer Signature..... NRL ID No.....

Report Handed over to (Signature) .....